



Know why babies love Ballard?

*Living the oath, one patient at a time.*



**SWEDISH MEDICAL CENTER**

BALLARD CAMPUS

A nonprofit organization

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## Because Swedish/Ballard makes them feel at home right from the start.

There are all kinds of reasons why babies love Swedish/Ballard. Babies love being born into the comfortable, home-like, private birthing suites. They're delighted to be welcomed by an experienced physician or certified nurse midwife. And they love staying in the same room with their moms and dads until they go home. Most of all, they're happy that their moms can rest easier knowing that Swedish Medical Center/Ballard provides:

- *One-on-one experienced nursing care*
- *State-of-the art birthing equipment in each room*
- *Anesthesia available 24-hours a day*

Babies also love Swedish/Ballard for all the other ways we help their moms and dads take care of them, including:

- *Prenatal exercise classes*
- *Parenting and postpartum exercise classes*
- *New mom support groups*
- *The New Parent Info Line that can answer questions related to all aspects of baby care*
- *Weekly parenting e-mail for expectant and new parents*

At Swedish Medical Center/Ballard, our physicians, nurses and midwives made a promise to provide moms and babies with the best care humanly and scientifically possible. Being right here, where you and your baby need us most, is how we keep that promise. No wonder babies love Ballard. We bet yours will too. Find a physician or nurse midwife in Ballard at [www.swedish.org](http://www.swedish.org) or call 1-800-SWEDISH.

### **Is there a Ballard baby in your future?**

If you think you might be pregnant, now you can find out for sure at Swedish/Ballard.

To schedule a free and confidential pregnancy test call (206) 781-6344.

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